

# MATERNAL RECOVERY HOUSING PROGRAM

## Alcohol and Drug in-house Recovery Program Policy

- Entry into the maternity program begins with Promise To Hope at Miami Valley Hospital. To reach our MVH partners directly, please call 937-208-8382 or 937-208-2481.
- JRM will not take known recurring violent criminals, arson, or known sex offenders or persons with known open warrants as residents into the recovery program.
- All residents must have at least 30 days sobriety to enter the housing program, preferably from a residential program. All residents must test clean before entering into the housing program.
- JRM is not equipped to handle long-term illness; if this occurs the resident must look for another facility.
- JRM will not be responsible for items left behind by clients who leave the program and will dispose of the items in 14 days after the resident has left the housing area.
- No one under 18 years of age will be admitted as a JRM house resident.
- Zero tolerance No drugs, alcohol, weapons, gambling, theft or sexual misconduct.
- All house residents must participate in Church, Bible Study, and recovery meetings daily and weekly as scheduled.

## **Program Outline**

- Core Program length is approximately 12 months past delivery; a resident can enter this program at any point during their pregnancy.
- Residents are required to attend Professional Christian Counseling weekly or biweekly to help with the healing process from addiction.
- Daily Devotions for encouragement in recovery
- Christian 12 Step

- Recovery Church Service weekly
- Nightly meetings required: either Church, Bible Study or AA/NA meetings
- Life-Skills training and Crown Financial to manage money
- Service work is encouraged the first 30 days and thereafter do a couple hours of work each week to give back to the community
- Encouraged to build clean, healthy and accountable relationships with others
- Life Coach—helps with Life Recovery Plan

Extended Program 3 months: Recommended

Women start to work on new life plan, Building Community, Cell, Serving others; create budget per Crown financial principles for their new life start.

#### Intake & Evaluation

Each candidate must take a written initial evaluation with one of our counselors. This will help you and Joshua Recovery Ministries determine if we have the right recovery program to assist you in your recovery.

Requirement for consideration for the in-house drug and alcohol Recovery Program:

- Desire for Life Change
- Open to Christian teaching
- Must be employable
- Open to having your money managed by the ministry, if necessary
- Willing to be evaluated by a Counselor before acceptance into the program
- Single women—dating is not encouraged while in the program; working on recovery is a priority
- No Major health issues
- Have read and understand the basic Alcohol and Drug Recovery Program Policies, Rules and Procedures
- All visitors must be clean and sober, named on the visitors list at intake, and come on visitation days only.

### **Application**

All residents must have at least 30 days sobriety to enter the housing program, preferably from a residential program.